

2022 Worcestershire XC Championships Information sheet.

Thank you for entering the **2022 Worcestershire County Cross Country Championships on Saturday 10th December 2022**. We are hopeful of an excellent event; even though entries are down a bit on previous Championships.

The venue we are using is new for this year although some parts of the course may have been used before, - a very good combination of terrain to make for enjoyable and challenging races.

Venue: Welkin Farm, Easenhall, near Rugby CV23 0JD (Farm Entrance)

What three words: patrolled.booms.pampered

See attached map for venue location

Registration is in the Old Cricket pavilion.

If you have entered a number of athletes, please forward these notes to all of them.

As we are holding a joint Championships with Warwickshire as hosts, everything you need to know is available on the Warwickshire County AA web site on their competitions page at www.warwickshireathletics.co.uk or the Worcestershire Facebook page.

The race results will be posted on both county web sites and Facebook pages afterwards.

There is a full programme of events on the web site with a **timetable, course maps** and the "**start list**" but there will be no paper copies on the day. **Copy attached to this email. Please print any information needed**

Please check the "start list" to see if your information is correct e.g., is your name spelt correctly and are you in the right age group? If there are any errors let me know on this e-mail address.

There will be awards for the first three individuals per age group and the first three teams per age group. Senior and Masters, all count in the same team

At the venue please be respectful of your surrounding and in particular keep off the arable fields where winter crops will be growing and take all of your litter home with you. Our thanks go to the Malt Kiln Farm Shop for their sponsorship and to Mr and Mrs J.V. Lea allowing use of their land for our Championships.

There is no rain cover and no changing/shower facilities at Welkin Farm but there is space for club tents. Refreshments will be on sale on site and at the nearby Malt Kiln Farm Shop where you can also buy genuine local farm produce.

You do not need to register on arrival - just collect your number from the County registration at the pavilion (it's big and obvious). It would help us if somebody collected all of the numbers for any given Club, but we realise that is only practical if you have a club tent.

Have a good day running.

Regards,

Ian Clarke.

Championship Secretary.