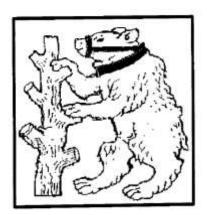
WARWICKSHIRE COUNTY AA and WORCESTERSHIRE AA





present their

Annual Cross Country Championships

on

Saturday 10th December 2022

at

Welkin Farm, Easenhall

hosted by Warwickshire County AA

Sponsored by Malt Kiln Farm Shop, Stretton under Fosse

WARWICKSHIRE COUNTY ATHLETICS ASSOCIATION 2022 Cross Country Championships

Saturday 10th December 2022 at Welkin Farm Easenhall to be held jointly with the Worcestershire AA Championships hosted by Warwickshire County AA

Sponsored by Malt Kiln Farm Shop, Stretton Under Fosse

FOREWORD and WELCOME by Graham Heeley, President of Warwickshire County AA

Welcome to our 2022 Cross Country Championship.

First I must thank all those that proposed me to be your President at the 2022 AGM of the Association some three weeks ago. I have been very fortunate that exactly 40 years ago I was made president of the then Warwickshire Mens' Association 1982-1984 as the men and women were two separate organisations but then common sense prevailed and we are now one association.

This will be the first time that we have promoted our cross country championships at this venue, and we must thank Mr and Mrs J.V. Lea very much for their kind permission to use their land. Not only have they given that permission, but Mrs Lea, (Katie), also of Rugby and Northampton AC, has been very much involved with the whole organisation of the event. As you will of course know, we were forced to postpone the championships in January, when the original venue of Newbold Revel, which we had used in the past, was made unavailable to us at the very last minute. A Covid outbreak being quoted as the reason.

Once again, Worcestershire will be joining us for the Championships and we hope that both counties will have an enjoyable day.

As always, these championships will be the main guide for team managers to select their teams to represent the County in the prestigious Inter Counties Championships which are again being held at Prestwold Hall, near Loughborough on March 11th2023. An event which brings together all the finest athletes from all the counties across the country. All age groups being catered for from under 13's to senior runners, both male and female.

I first ran in the Warwickshire Cross Country Championships back in the late 50's as a "youth". A term used in those days for athletes under 18. Only seniors competed at that time for places in the county team, and the subsequent Inter Counties Championships, which were just a one race affair. But things have progressed a great deal in the sport since then, and so every age group now has that further incentive for athletes to gain a county vest.

Finally, on behalf of the Association, I would like to say a very big "thank you" to all of the officials and helpers who have worked so hard towards the promotion of these championships, and of course to all of the officials and marshals who will spend many hours out on the courses making sure that the athletes enjoy a successful day.

Best wishes to you all in these championships, and let's hope that we can all put Covid well and truly behind us and enjoy 2023 to the full.

Graham Heeley. President of Warwickshire County A. A.

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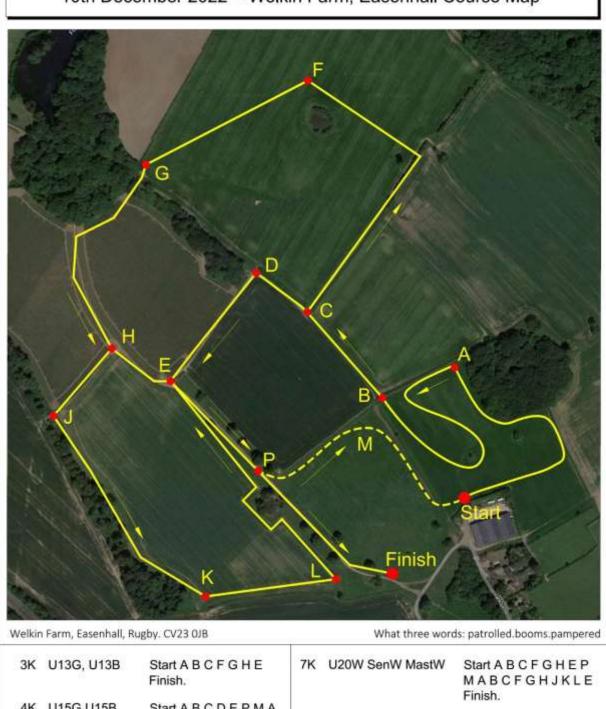
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Technical Officials and Volunteers

Sponsored by the Malt Kiln Farm Shop, Stretton Under Fosse

Meeting Manager	Mary Hodges
Referee	Rob Mulgrue
Assistant Referee	Ian Clarke
Clerk of Course	Christopher Hitchman
Chief Marshall	
	Richard Carney
Starter	Graham Heeley
Start Stewards	Terry Alcock, Bryan Acford, Keith Richards
Chief Timekeeper	Alan Edwards
Timekeepers	Mick Aston, Derek Cowdrey, Paul Hayes,
	Colin Jacks, Calvin Scoltock, John Vickers
Chief Judge	Stewart Barnes
Judge / Recorders	Chris Cox, Roland Day, Ben Howatt,
	Monica Howatt, Andrew Maiden,
	Margaret Murphy, Keith Perry, Mary Williams
Line Judge/ Rope	Chris Crosswell
Control	
Chief Steward	Yasmine Al Daftary
Funnel Stewards /	Janine Davies, David Pettifer, Clive Spencer,
Stoppers	David Sprason, Jo Tork
Registration	Warwickshire : Gordon Horne
	Worcestershire : Joan Clarke
Announcer	Steve Curtis
Results	Ray Morgan, Olivia Lea, Tilly Lea, Jackie Maull
Presentation	Warwickshire : Bob Carey, Becky Freeman
	Worcestershire: Rita Brownlie
First Aid	Medevent
Championship	Warwickshire: Katie Lea
Secretary	Worcestershire : Ian Clarke
Championship President	Warwickshire : Graham Heeley
	Worcestershire: Roland Day

Technical Officials and Volunteers



Warwickshire And Worcestershire County Cross Country Championships 10th December 2022 - Welkin Farm, Easenhall Course Map

ЗK	U13G, U13B	Start A B C F G H E Finish.	7K	U20W SenW MastW	Start A B C F G H E P M A B C F G H J K L E Finish.
4K	U15G U15B	Start A B C D E P M A			T million.
		B C D E Finish.	10K	U20M SenM MastM	Start A B C D E P M A
5K	U17W	Start A B C D E P M A			BCFGHJKLEPM ABCFGHJKLE
		BCFGHEFinish.			Finish
6K	U17M	Start A B C F G H E P			
		MABCFGHEFinish.			

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Age Group	Distance	Start time	Presentation	Team Counters
			Time	
U13 Boys	3000m	11:00	11:40	3 to count
U13 Girls	3000m	11:03	11:45	3 to count
U15 Boys	4000m	11:20	12:05	3 to count
U15 Girls	4000m	11:23	12:10	3 to count
U17 Women	5000m	11:50	12:50	3 to count
U17 Men	6000m	12:25	13:25	3 to count
U20 Women	7000m	13:00	14:20	3 to count
Senior Women	7000m	13:00	14:20	See below
Masters Women	7000m	13:00	14:20	See below
U20 Men	10000m	14:00	15:15	3 to count
Senior Men	10000m	14:00	15:15	See below
Masters Men	10000m	14:00	15:15	See below

TIMETABLE

**** The rules for the senior age groups are different for the two Counties.

<u>Warwickshire:</u> have separate individual and team awards for seniors and masters. The women count 3 and the men count 4 towards the team awards. Masters are 35 and over. <u>Worcestershire:</u> have separate individual awards for seniors and masters but a team award for the combined age groups. The women count 3 and the men count 6 towards the team award. Masters are 40 and over.

TEAM SELECTION for INTER-COUNTY CHAMPIONSHIPS

Today's Championships are the principal criteria for selection to the Inter Counties Cross Country Championships (all age groups) to be held at Loughborough in March 2023.

If you are handed an invitation form at the finish, it is important that you fill it in and return it to the team manager handing them out or the registration desk **today**. Athletes who are not automatically selected but who would like to be considered for selection should tell the team managers before the end of January.

For Warwickshire: The first three eligible athletes to cross the line in each race will automatically be selected and then the remainder of the team will be chosen by the team managers. The County reserves the right to disregard any athlete, even if they qualify automatically, if they have been disrespectful to the County or its team managers in the past.

For Worcestershire: The first five eligible athletes to cross the line in each race will automatically be selected and then the remainder of the team will be chosen by the team managers.

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Results

Draft results will be posted on the Warwickshire County Facebook pages through the day. The official results will be posted on the County web sites afterwards.

www.WarwickshireAthletics.co.uk www.worcaa.org.uk

Our event sponsor

The event is sponsored by Malt Kiln Farm Shop, which is a key part of a local family farming business is owned by Mr and Mrs J. V. Lea. It is respectfully requested that spectators keep to footpaths and do not venture onto arable fields where winter crops will be growing.



Warwickshire County AA has a Facebook page. Sign up to get results on the day.

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PROSPECTUS & RULES

Age Groups

These Championships generally use the same age group definitions as the Birmingham (Mens) Invitation Cross Country League, the Midlands (Ladies) Cross Country League and the West Midlands Young Athletes League.

Warwickshire Masters should be 35 or older on the day of competition.

Worcestershire Masters should be 40 or older on the day of competition.

Masters and U20s can enter their own age group or as a Senior but will only count towards the individual and team events as declared on the entry form.

Eligibility

Do not enter this event unless you are eligible for your County. County qualification is either by birth in the County, by 9 months continuous residence prior to competition in the County or by 9 months service in a unit of HM forces stationed in the County. The Counties are as defined before the 1974 boundary changes. Check with a County Secretary if you are not sure.

Warwickshire includes most of the Greater Birmingham area, Coventry, Solihull and the present Warwickshire areas.

Worcestershire takes in Stourbridge, Dudley, Oldbury and South Birmingham.

Rules

Athletes must be current first claim members of the Club for which they have entered.

Only Clubs Affiliated to their County will be eligible for team awards.

Any number of eligible Athletes can be entered.

The event is run under UKA rules. Athletes are reminded particularly of rule 144 which forbids pacing by persons not participating in a race unless assisting a blind or partially sighted runner

Athletes must not wear any device which requires earphones because they must be able to hear instructions from technical officials and marshals.

In events where age groups are combined, athletes will only be eligible for awards in the race category (age group) for which they have entered.

In the case of equal team scores, the first team to close will be declared the winner. Note that B-teams are not eligible for Team Awards as this is an event for Clubs.

Warwickshire or Worcestershire?

To help you identify the athletes from each County, athletes from Worcestershire will have a blue band on their vest numbers but Warwickshire athletes will not.



Malt Kiln Farm Shop is a key part of a family run farming business in the Warwickshire countryside. The beef, lamb and pork sold by our butchers is reared on our farm.

The farm shop is surrounded by fields where in the summer you can pick your own strawberries and raspberries along with a wide variety of other soft fruit and vegetables. Pumpkin picking is a big favourite in October.

Using fresh ingredients found in the farm shop we make our own pork pies, sausage rolls, quiches, coleslaws and salads.

Local produce is very important and items sold include cheese, ice cream, eggs, beer, wine, flour, honey, biscuits, cakes and pies.

..... And after all that shopping enjoy a coffee or light lunch in Rebecca's Kitchen.

Malt Kiln Farm Shop

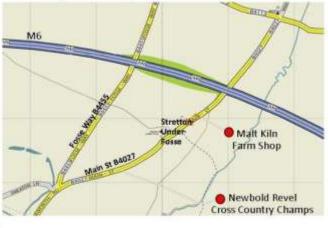
Main Street, Stretton-under-Fosse, Rugby, Warwickshire, CV23 0PE

Shop: 01788 832640 Butchers Counter: 01788 832966 Coffee Shop: 01788 833196 Web: www.maltkilnfarmshop.co.uk Email: farmshop@maltkilnfarmshop.co.uk

Open daily: Monday to Saturday 8.30am - 6pm* Sunday 10am - 4pm *Coffee shop 9am - 5pm

Free parking, trolleys, all major credit cards except AMEX.

After you've run, come and enjoy a coffee and a gentle shop!



	U13 Boys - Warwickshire			U13 Boys - Worcestershire	
300	Rohan Child	Birchfield Harriers	1	Charlie Egerton	Bromsgrove and Redditch
	James Longworth	Birchfield Harriers		Jacob Wagstaff	Bromsgrove and Redditch
	Mustopha Bailey	BRAT Club	3	Nathan Watkins	Bromsgrove and Redditch
303	Diego Dalmedo	BRAT Club	4	Nathum Worrall	Dudley Stourbridge Harriers
304	Sebastian Horton	BRAT Club	5	Edward Bates	Halesowen ACC
305	Adhvaith Prabhakaran	BRAT Club	6	Harry Daniels	Halesowen ACC
306	Josh Taylor	BRAT Club	7	James Duck	Halesowen ACC
307	Daniel Jackson	Coventry Godiva Harriers	8	Kian Hazelwood	Halesowen ACC
308	Alvin Wamala	Coventry Godiva Harriers	9	Adam Scarr	Halesowen ACC
309	Lucas Webber	Coventry Godiva Harriers	10	James Cooke	Hereford and County A.C.
310	Reuben Pettifer	Kenilworth Runners	11	Charlie Lindley	Worcester A.C.
311	William Smith	LAA	12	Lucas Seyler	Worcester A.C.
312	Oliver Allen	Royal Sutton Coldfield AC			
313	Hakam Allouh	Royal Sutton Coldfield AC			
314	Daniel Burman	Royal Sutton Coldfield AC			
315	George Harradence	Royal Sutton Coldfield AC			
316	Miren Randhawa	Royal Sutton Coldfield AC			
317	Oliver Knight	Rugby & Northampton AC			
318	Louis Hibberd	Solihull & Small Heath AC			
319	Niall Kelly	Solihull & Small Heath AC			
	Samuel Thomas	Solihull & Small Heath AC			
321	Luca Woodley	Solihull & Small Heath AC			
322	Aran Cooper	Stratford upon Avon AC		U13 Girls - Warwickshire	
323	William Hovell	Stratford upon Avon AC			
324	Joel Ledgard	Stratford upon Avon AC	400	Trinity Conway	Birchfield Harriers
325	Samuel Plumb	Stratford upon Avon AC	401	Ellen Curley	Birchfield Harriers
326	Kipp Stevens	Stratford upon Avon AC	402	Amira Emery	BRAT Club
327	Arthur Williamson	Stratford upon Avon AC	403	Sukhmani Kang	BRAT Club
328	Noah Homer	Wreake and Soar Valley		Isla Beasley	Coventry Godiva Harriers
			405	Summah Bhatti	Coventry Godiva Harriers
				Ava Bourton	Coventry Godiva Harriers
				Lily Handley	Coventry Godiva Harriers
				Imogen Bearman	Kenilworth Runners
				Amy Kerry	Leamington C&AC
				Lucy Hornby	Nuneaton Harriers AC
				Hannah Jenkins	Nuneaton Harriers AC
	U13 Girls - Worcestershire			Sophie Jordan	Nuneaton Harriers AC
200				Zara Lees	Royal Sutton Coldfield AC
200	Claudia Barker	Bromsgrove and Redditch		Roxy Thomas	Royal Sutton Coldfield AC
201	Holly Hanson	Bromsgrove and Redditch		Esther Hutchins-Morant	Rugby & Northampton AC
202	Cailtin Pridden	Bromsgrove and Redditch		Merryn Hutchins-Morant	Rugby & Northampton AC
203	Phoebe Ranger	Bromsgrove and Redditch		Lola Fitter	Solihull & Small Heath AC
204	Isla Wilson Scarlett Fagland	Bromsgrove and Redditch		Alisa Preston Lois Ford	Solihull & Small Heath AC Stratford upon Avon AC
205 206	Scarlett Eagland Nia Brook	Cheltenham and County Harriers Halesowen ACC		Portia Nabney	Stratford upon Avon AC
206	Olive Thomas	Halesowen ACC		Amelia Peeke	Stratford upon Avon AC
207	Nancy Thomas	Halesowen ACC		Stella Sant	Stratford upon Avon AC
208	Nicole Bevan	Kidderminster and Stourport		Ava Sheppard	Stratford upon Avon AC
	Emily Gromski	Worcester A.C.		Rachel Sparrow	Stratford upon Avon AC
210	Sophie Purves	Worcester A.C.		Marijke Tear-Verweij	Stratford upon Avon AC
			125		

	U15 Boys - Warwickshire			U15 Boys - Worcestershire	
	,			,	
329	Simeon Swain	Birchfield Harriers	13	Oliver Cresswell	Birchfield Harriers
330	Elliot Dawlatly	BRAT Club	14	Willem Hembry	Bromsgrove and Redditch
331	Jack Price	BRAT Club	15	Samuel Hembry	Bromsgrove and Redditch
332	Evan Tomlinson	BRAT Club	16	Oscar Leyland	Bromsgrove and Redditch
333	Niklas Van Mourik	BRAT Club	17	Gabriel Wagstaff	Bromsgrove and Redditch
334	Alexander Bowskill	Coventry Godiva Harriers	18	Daniel Morgan Salcombe	Halesowen ACC
335	Douglas Garnett	Coventry Godiva Harriers	19	Oliver Smith	Halesowen ACC
336	Owen Greening	Coventry Godiva Harriers	20	Alex Taylor	Halesowen ACC
337	Seb MacGibbon	Coventry Godiva Harriers	21	Noah Dunnett	Worcester A.C.
338	Louis Cuskin-Lee	Kenilworth Runners	22	Joshua Sanders	Worcester A.C.
339	James Delahaye	Kenilworth Runners			
340	Sam Robbins	LAA			
341	Caleb Davy	Leamington C&AC			
342	Archie Lane	Leamington C&AC			
343	Charlie Yates	Nuneaton Harriers AC			
344	Isaac Hutchins-Morant	Rugby & Northampton AC			
345	Sam McInally	Rugby & Northampton AC			
346	Daniel Baker	Solihull & Small Heath AC			
347	Ben Duncan	Solihull & Small Heath AC			
348	Will Irvine	Solihull & Small Heath AC			
	Peter Mitchell	Solihull & Small Heath AC		U15 Girls - Warwickshire	
	Charlie Williams	Solihull & Small Heath AC			
	William Wort	Solihull & Small Heath AC		Kiera Nee	Birchfield Harriers
	Charlie Clayton	Stratford upon Avon AC		Cassie Pearson	Birchfield Harriers
	James Day	Stratford upon Avon AC		Holly Saunders	Birchfield Harriers
	Thomas Fisher	Stratford upon Avon AC		Arriella Dalmedo	BRAT Club
355	James Mayes	Stratford upon Avon AC		Anna Faux	BRAT Club
	William Mayes	Stratford upon Avon AC		Alba Smith-Pena	BRAT Club
357	Ewan Sparrow	Stratford upon Avon AC		Eleanor Barker	Coventry Godiva Harriers
				Freya Brusch	Coventry Godiva Harriers
				Ella Martin	Coventry Godiva Harriers
				Antonia Wamala	Coventry Godiva Harriers
				Daisy Golding	LAA
				Lily Hunter Ila Lane	Leamington C&AC Leamington C&AC
					.
				Esther Vaughan Chloe Jordan	Leamington C&AC
	U15 Girls Worcestershire			Elizabeth Fleming	Nuneaton Harriers AC Royal Sutton Coldfield AC
	OTO GILIS MOLCESTELSIILE			Emily Rose Lloyd	Royal Sutton Coldfield AC
212	Rose Lewis	Bromsgrove and Redditch		Elizabeth Warne	Royal Sutton Coldfield AC
-	Winnie Padmore	Bromsgrove and Redditch		Rebecca Eaton	Rugby & Northampton AC
	Kara-rose Welborn	Bromsgrove and Redditch		Evie Marston	Rugby & Northampton AC
	Ffion Collins	Halesowen ACC		Katie Anderton	Solihull & Small Heath AC
	Jessica Dale	Halesowen ACC		Lola Barker	Solihull & Small Heath AC
	Lucy Hellingsworth	Halesowen ACC		Alana Brown	Solihull & Small Heath AC
	Cerys Brook	Tipton Harriers		Dollie Owney Fellows	Solihull & Small Heath AC
	Eva Holden	Worcester A.C.		Bo Algate	Stratford upon Avon AC
	Eva Mico	Worcester A.C.		Tessa Parkin	Stratford upon Avon AC
	Tamsin Pedlar	Worcester A.C.		Martha Peters	Stratford upon Avon AC
	Ella Purves	Worcester A.C.		Charlotte Skinner	Stratford upon Avon AC
223	Lucy Tebbett	Worcester A.C.	454	Hannah Wilkinson	Stratford upon Avon AC

	U17 Women - Warwickshire			U17 Women - Worcestershi	re
455	Jenny O'Rourke	Birchfield Harriers	224	Hannah Dale	Bromsgrove and Redditch
-	Emily Symes	Birchfield Harriers		Emily Dyer	Bromsgrove and Redditch
	Sofia Zacaroli	Birchfield Harriers		Lucy Hatfield	Bromsgrove and Redditch
458	Poppy Close	BRAT Club		Amelie Ranger	Bromsgrove and Redditch
459	Jemima Jackson	BRAT Club	228	Philippa Taylor	Bromsgrove and Redditch
460	Krista Bennett	Coventry Godiva Harriers	229	Alice Lazenbury	Worcester A.C.
461	Hattie Garnett	Coventry Godiva Harriers	230	Lilia Mico	Worcester A.C.
462	Emma Jackson	Coventry Godiva Harriers	231	Beatrice Rusby	Worcester A.C.
463	Shona Murray	Coventry Godiva Harriers			
464	Martha Wood	Royal Sutton Coldfield AC			
465	Grace Darcy	Rugby & Northampton AC			
466	Madeleine Jacks	Rugby & Northampton AC			
467	Ava Rogerson	Rugby & Northampton AC			
468	Amelie Barnes	Solihull & Small Heath AC			
469	Amira Hamilton	Solihull & Small Heath AC		U17 Men - Warwickshire	
470	Aoife McGoldrick	Solihull & Small Heath AC			
471	Phoebe Tully	Sphinx AC	358	Ash Burgess	Birchfield Harriers
472	Tilly Campbell	Stratford upon Avon AC	359	Ahmad Muhammad Bilal	Birchfield Harriers
473	Abbi Cooper	Stratford upon Avon AC	360	Charlie Smith	Birchfield Harriers
474	Alice Cottam	Stratford upon Avon AC		Zac Yates	Birchfield Harriers
475	Emily Cottam	Stratford upon Avon AC	362	George Astbury	BRAT Club
476	Niamh Hillard	Stratford upon Avon AC		Morgan Hill	BRAT Club
477	Olivia Robinson	Stratford upon Avon AC		William Walker	BRAT Club
478	Abi Skinner	Stratford upon Avon AC	365	Alfie Brusch	Coventry Godiva Harriers
479	Maisie-Joy Spriggs	Stratford upon Avon AC	366	William Chalmers	Coventry Godiva Harriers
480	Lucy Thomas	Stratford upon Avon AC	367	Jonathan Davidson	Coventry Godiva Harriers
481	Bethan Eve Homer	Wreake and Soar Valley	368	Toby Doy	Coventry Godiva Harriers
			369	Euan Hill	Coventry Godiva Harriers
			370	Adam Jackson	Coventry Godiva Harriers
				Louis Jones	Coventry Godiva Harriers
			372	Declan Moorcroft	Coventry Godiva Harriers
				George Reeves	Coventry Godiva Harriers
				Zachary Clarke	Nuneaton Harriers AC
			375	Travis Scrivens	Nuneaton Harriers AC
				Nick Crees	Royal Sutton Coldfield AC
			377	Max McCabe	Royal Sutton Coldfield AC
				Charlie Stroud	Royal Sutton Coldfield AC
				Thomas Brinkley	Rugby & Northampton AC
				Matthew Bate	Solihull & Small Heath AC
	1117 Man Waraastarshira			Thomas Dainty	Solihull & Small Heath AC Solihull & Small Heath AC
	U17 Men - Worcestershire			Tomas Maidment Daniel Wort	Solihull & Small Heath AC
23	Dylan Teasdale	BRAT Club		James Phillips	Sparkhill Harriers
23	William Pridden	Bromsgrove and Redditch		Alex Adams	Stratford upon Avon AC
	Linus Burnage	Worcester A.C.		Jaicob Ford	Stratford upon Avon AC
-	Arty Wilson-Spence	Worcester A.C.		Henry Wheeler	Stratford upon Avon AC
20			507		

	Under 20 Women - Warw	ickshire		Masters Women - Warw	vickshire
700			75.4		
	Amelia Taylor	Birchfield Harriers		Jude Glynn	Bournville Harriers
	Freya Bennett	Coventry Godiva Harriers		Marianne Hensman	Bournville Harriers
702	Ayesha Bhatti	Coventry Godiva Harriers		Sam Pretlove	Bournville Harriers
703	Rosie Cherry	Coventry Godiva Harriers	757	Catherine McNicholl	BRAT Club
704	Sophie Hurst	Coventry Godiva Harriers	758	Helen Pike	BRAT Club
705	Rhea Porwal	Coventry Godiva Harriers	759	Clare Colquhoun	Centurion RC
706	Olivia Bailey	Nuneaton Harriers AC	760	Alison Fergusson	Centurion RC
	Georgie Campbell	Stratford upon Avon AC	761	Denise Makepeace	Centurion RC
708	Charly Marshall	Stratford upon Avon AC	762	Sharon Seston	Centurion RC
			763	Janine Thomas	Centurion RC
			764	Theresa Woolley	Centurion RC
	Senior Women - Warwick	shire	765	Sally Boon	Coventry Godiva Harriers
			766	Jayne Mumford	Coventry Godiva Harriers
	Victoria Bradbury	Birchfield Harriers	767	Louise Andrews	Kenilworth Runners
	Sarah McDonald	Birchfield Harriers	768	Melanie Beasley	Kenilworth Runners
	Robyn McDowall	Birchfield Harriers	769	Kelly Burnett Nicholl	Kenilworth Runners
712	Ella Shirley	Birchfield Harriers	770	Sophie Cookson	Kenilworth Runners
713	Annie Cox	Bournville Harriers	771	Clare Crofts	Kenilworth Runners
714	Faith Lucas	Bournville Harriers	772	Pauline Dable	Kenilworth Runners
715	Georgina Robson	Bournville Harriers	773	Kerrie Flippance	Kenilworth Runners
716	Rachel Todd	Bournville Harriers	774	Emma Garnett	Kenilworth Runners
717	Naomi Rae	BRAT Club		Laura Gould	Kenilworth Runners
718	Sade McKenzie	Centurion RC		Helen Hollings	Kenilworth Runners
719	Rachel Aldrich	Coventry Godiva Harriers	777	Jane Kidd	Kenilworth Runners
720	Sophia Charters	Coventry Godiva Harriers	778	Rachel King	Kenilworth Runners
721	Dewi Dankmeyer	Coventry Godiva Harriers	779	Stef Lunn	Kenilworth Runners
722	Julie Emmerson	Coventry Godiva Harriers	780	Laura Pettifer	Kenilworth Runners
723	Alice Flint	Coventry Godiva Harriers	781	Becky Phagura	Kenilworth Runners
724	Paris Ham	Coventry Godiva Harriers		Jane Phillips	Kenilworth Runners
725	Olivia Kelly	Coventry Godiva Harriers	783	Angela Pozo Ramajo	Kenilworth Runners
726	Rebecca Leadbeater	Coventry Godiva Harriers	784	Emma Reid	Kenilworth Runners
727	Angelica Martinez Leyva	Coventry Godiva Harriers	785	Kate Wilson	Kenilworth Runners
728	Charlotte Power	Coventry Godiva Harriers	786	Hannah Gibson	Knowle & Dorridge RC
729	Charlotte Power	Coventry Godiva Harriers	787	Myshola Kirkham	Knowle & Dorridge RC
730	Samantha Puri	Coventry Godiva Harriers	788	Kate Leeson	Knowle & Dorridge RC
731	Alicia Roberts	Coventry Godiva Harriers	789	Carol Blower	Leamington C&AC
	Amelia Starling	Coventry Godiva Harriers		Courtney Depala	Leamington C&AC
733	Victoria Wilson	Coventry Godiva Harriers	791	Kelly Edwards	Leamington C&AC
	Leigh Reeve	Kenilworth Runners	792	Zara Hadfield	Leamington C&AC
735	Natalie Bhangal	Leamington C&AC	793	Jade Holt	Leamington C&AC
736	Megan Blake	Leamington C&AC	794	Rachael Allen	Massey Ferguson RC
737	Frances Keenan	Leamington C&AC	795	Emma Eastwood	Massey Ferguson RC
738	Kathryn Adams	Northbrook AC	796	Joanna Kisiala	Massey Ferguson RC
739	Jessica Barry	Northbrook AC	797	Samantha Nicholson	Massey Ferguson RC
740	Eleanor Fowler	Nuneaton Harriers AC	798	Joy Woolass	Massey Ferguson RC
741	Michele Kondakor	Nuneaton Harriers AC	799	Lisa Bragg	Northbrook AC
742	Emily Negus	Nuneaton Harriers AC	800	Debbie Campbell	Northbrook AC
743	Katherine Spencer	Nuneaton Harriers AC	801	Julie Cozens	Northbrook AC
744	Georgia Delaney	Royal Sutton Coldfield AC	802	Spencer Davies	Northbrook AC
745	Tilly Lea	Rugby & Northampton AC	803	Tommy Dempsey	Northbrook AC
746	Rosanna Clarke	Spa Striders	804	Carolyn Hadley	Northbrook AC
747	Katherine Robertson	Spa Striders	805	Tim Hughes	Northbrook AC
748	Suzanne Berg	Sparkhill Harriers	806	Tracy Jefferson	Northbrook AC
749	Catrin Davies	Sphinx AC	807	Fern Kenny	Northbrook AC
750	Sarah Goodland	Sphinx AC	808	Clare King	Northbrook AC
751	Emily Carr	Stratford upon Avon AC	809	Rob Richardson	Northbrook AC
752	Suzie Ross	Stratford upon Avon AC	810	Paul Robbins	Northbrook AC
753	Victoria Sharpe	Stratford upon Avon AC	811	Caroline Russell	Northbrook AC

	Masters Women - Warwic	kshire		U20 Women - Worcestersh	ire
812	Helen Jones	Rugby & Northampton AC	27	Sophie Groom	Bromsgrove and Redditch
813	Claire Edwards	Spa Striders	28	Esme Ranger	Bromsgrove and Redditch
814	Kate Evans	Spa Striders	29	Milly Allen	Halesowen ACC
815	Charlotte Everard	Spa Striders	30	Ryley Malone-Priest	Halesowen ACC
816	Verity Hill	Spa Striders	31	Poppy Elton	Worcester A.C.
817	Clare Hinton	Spa Striders	32	Evie Hawkesford-Johnson	Worcester A.C.
818	Victoria Howat	Spa Striders	_		
819	Victoria Howat	Spa Striders	_		
	Anne Hurrell	Spa Striders		Senior Women - Worceste	rshire
821	Clare Bovill	Sparkhill Harriers			
822	Manisha Pearce	Sparkhill Harriers	51	Lily Higgins	Ambleside A.C.
	Jenny Price	Sparkhill Harriers	52	Michelle Ruddock	Black Pear Joggers
824	Eleanor Davies	Sphinx AC	53	Molly Browne	BRAT Club
	Elizabeth Forbes Stone	Sphinx AC	54	Claire Keene	BRAT Club
	Sue Gough	Sphinx AC	55	Eloise Lee	BRAT Club
827	Rebecca McEwan	Sphinx AC	56	Beth Sykes	Bromsgrove and Redditch
828	Victoria O'Brien	Sphinx AC	57	Sarah Gill	Halesowen ACC
	Jackie Stuart	Sphinx AC	58	Amy Dewhirst	Stourbridge Running Club
	Claire Taylor	Sphinx AC			
	Sally-Anne Tully	Sphinx AC		W40 Masters Women - Wo	prcestershire
	Emma Bexson	Stratford upon Avon AC			
833	Ginny Davis	Stratford upon Avon AC	33	Helen Ciancio	Black Pear Joggers
834	Suzi Graham	Stratford upon Avon AC	34	Nichola Robinson	Black Pear Joggers
835	Hannah Osborne	Stratford upon Avon AC	35	Claire Shacklock	Black Pear Joggers
836	Rebecca Pridham	Stratford upon Avon AC	36	Liz Vaughan	Bromsgrove and Redditch
837	Ceri Shepherd	Stratford upon Avon AC	37	Joanne Congerton	Halesowen ACC
838	Penelope Barber	Tipton Harriers	38	Helen Bellamy	Stourbridge R.C.
			39	Nichola Turvey	Warley Woods Pacers
				W50 Masters Women - Wo	orcestershire
			40	Lorraine Griffiths	Black Pear Joggers
			41	Jane Anderson	Bromsgrove and Redditch
			42	Lucy Cambridge	Erme Valley Harriers
				, e	Halesowen ACC
			43	Melanie Hepke	Indiesowell ACC
			43	Melanie Hepke Kirsty Price	Halesowen ACC
				Kirsty Price	Halesowen ACC
			44	Kirsty Price Katia Dimitrova	Halesowen ACC Warley Woods Pacers
			44 45	Kirsty Price Katia Dimitrova Gaynor Wynter	Halesowen ACC Warley Woods Pacers Warley Woods Pacers
			44 45	Kirsty Price Katia Dimitrova	Halesowen ACC Warley Woods Pacers Warley Woods Pacers
			44 45 46	Kirsty Price Katia Dimitrova Gaynor Wynter W60 Masters Women - Wo	Halesowen ACC Warley Woods Pacers Warley Woods Pacers prcestershire
			44 45 46 	Kirsty Price Katia Dimitrova Gaynor Wynter W60 Masters Women - Wo Sally Spencer	Halesowen ACC Warley Woods Pacers Warley Woods Pacers rcestershire Halesowen ACC
			44 45 46 	Kirsty Price Katia Dimitrova Gaynor Wynter W60 Masters Women - Wo Sally Spencer Julie Caseley	Halesowen ACC Warley Woods Pacers Warley Woods Pacers rcestershire Halesowen ACC Malvern Buzzards R.C.
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			44 45 46 	Kirsty Price Katia Dimitrova Gaynor Wynter W60 Masters Women - Wo Sally Spencer Julie Caseley	Halesowen ACC Warley Woods Pacers Warley Woods Pacers rcestershire Halesowen ACC Malvern Buzzards R.C.
			44 45 46 	Kirsty Price Katia Dimitrova Gaynor Wynter W60 Masters Women - Wo Sally Spencer Julie Caseley	Halesowen ACC Warley Woods Pacers Warley Woods Pacers rcestershire Halesowen ACC Malvern Buzzards R.C.
			44 45 46 	Kirsty Price Katia Dimitrova Gaynor Wynter W60 Masters Women - Wo Sally Spencer Julie Caseley	Halesowen ACC Warley Woods Pacers Warley Woods Pacers rcestershire Halesowen ACC Malvern Buzzards R.C.
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			44 45 46 	Kirsty Price Katia Dimitrova Gaynor Wynter W60 Masters Women - Wo Sally Spencer Julie Caseley	Halesowen ACC Warley Woods Pacers Warley Woods Pacers rcestershire Halesowen ACC Malvern Buzzards R.C.
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			44 45 46 	Kirsty Price Katia Dimitrova Gaynor Wynter W60 Masters Women - Wo Sally Spencer Julie Caseley	Halesowen ACC Warley Woods Pacers Warley Woods Pacers rcestershire Halesowen ACC Malvern Buzzards R.C.
			44 45 46 	Kirsty Price Katia Dimitrova Gaynor Wynter W60 Masters Women - Wo Sally Spencer Julie Caseley	Halesowen ACC Warley Woods Pacers Warley Woods Pacers rcestershire Halesowen ACC Malvern Buzzards R.C.
			44 45 46 	Kirsty Price Katia Dimitrova Gaynor Wynter W60 Masters Women - Wo Sally Spencer Julie Caseley	Halesowen ACC Warley Woods Pacers Warley Woods Pacers rcestershire Halesowen ACC Malvern Buzzards R.C.
			44 45 46 	Kirsty Price Katia Dimitrova Gaynor Wynter W60 Masters Women - Wo Sally Spencer Julie Caseley	Halesowen ACC Warley Woods Pacers Warley Woods Pacers rcestershire Halesowen ACC Malvern Buzzards R.C.
			44 45 46 	Kirsty Price Katia Dimitrova Gaynor Wynter W60 Masters Women - Wo Sally Spencer Julie Caseley	Halesowen ACC Warley Woods Pacers Warley Woods Pacers rcestershire Halesowen ACC Malvern Buzzards R.C.
			44 45 46 	Kirsty Price Katia Dimitrova Gaynor Wynter W60 Masters Women - Wo Sally Spencer Julie Caseley	Halesowen ACC Warley Woods Pacers Warley Woods Pacers rcestershire Halesowen ACC Malvern Buzzards R.C.

	Under 20 Men - Warwickshi	re		Senior Men - Warwickshire	
500	Dominic Smith	Birchfield Harriers	515	Shaun Evans	Birchfield Harriers
501	Oscar Fleming	BRAT Club	516	Daniel Swain	Birchfield Harriers
502	Pierce Clisham	Coventry Godiva Harriers	517	Tom Bunn	Bournville Harriers
503	Daniel Gaggini	Coventry Godiva Harriers	518	Chris Hartley	Bournville Harriers
504	Jake Hodder	Coventry Godiva Harriers	519	Matthew Herbert	Bournville Harriers
505	Kevin Otieno	Coventry Godiva Harriers	520	George Lynch	Bournville Harriers
506	Daniel Paston	Coventry Godiva Harriers	521	Abayomi Adedimeji	BRAT Club
507	Eoin Hankinson	Kenilworth Runners	522	Grant Anderson	BRAT Club
508	Ethan Patel	Royal Sutton Coldfield AC	523	James Drakeford	BRAT Club
509	Dominic Evans	Rugby & Northampton AC	524	Martin Ludford	BRAT Club
510	Jenson Williams	Solihull & Small Heath AC	525	Kevin Minogue	BRAT Club
511	Ned Campbell	Stratford upon Avon AC	526	Kevin Oakes	BRAT Club
512	Alex Pester	Stratford upon Avon AC	527	John Stolberg	BRAT Club
513	Caleb Spriggs	Stratford upon Avon AC	528	Joe Tuffin	BRAT Club
514	Taylor Stubbins	Stratford upon Avon AC	529	Dan Wrenn	Centurion RC
			530	William Averill	Coventry Godiva Harriers
			531	Dale Ball	Coventry Godiva Harriers
			532	Daniel Brown	Coventry Godiva Harriers
			533	Damien Chambefort	Coventry Godiva Harriers
			534	Miles Clisham	Coventry Godiva Harriers
			535	David Cooper	Coventry Godiva Harriers
			536	Daniel Dalton	Coventry Godiva Harriers
			537	Thiago De Modena	Coventry Godiva Harriers
			538	Edward Griffiths	Coventry Godiva Harriers
			539	Jamie Hnatushka	Coventry Godiva Harriers
				Scott Hudspith	Coventry Godiva Harriers
			541	Muhammad Ibrahim	Coventry Godiva Harriers
			542	Jacob Jones	Coventry Godiva Harriers
				Nathan Jones	Coventry Godiva Harriers
			544	Michael Katsoulis	Coventry Godiva Harriers
			545	Samuel Marshall	Coventry Godiva Harriers
			546	Joseph McLeod	Coventry Godiva Harriers
			547	Clark Roberts	Coventry Godiva Harriers
			548	Manveer Sahota	Coventry Godiva Harriers
				Alistair Smith	Coventry Godiva Harriers
				Harvey Speed	Coventry Godiva Harriers
				William Swindells	Coventry Godiva Harriers
				Caiden Tate	Coventry Godiva Harriers
				John Treadwell River Wison-Bent	Coventry Godiva Harriers Coventry Godiva Harriers
				Oliver Flippance	Kenilworth Runners
				Tom Haley	Kenilworth Runners
				Lewis Sheward	Kenilworth Runners
				Nick Woolley	Knowle & Dorridge RC
				Guy Allen	Leamington C&AC
				Baljeev Kandola	Leamington C&AC
				Chris Moore	Massey Ferguson RC
				Tom Watts	Massey Ferguson RC
				David Hartopp	Northbrook AC
				Tom Hughes	Northbrook AC
				Tom Dixon	Nuneaton Harriers AC
				Scott Hastings-Stuart	Nuneaton Harriers AC
				Johnathan Ritchie	Nuneaton Harriers AC
			568	Sam Yates	Nuneaton Harriers AC
				Richard Spear	Spa Striders
				David Brewis	Sphinx AC
				Ollie White	Sphinx AC
				Phil Reading	Stratford upon Avon AC
			573	Patrick Roddy	Thames Hare and Hounds
			574	Joseph Read	Tipton Harriers

	Masters Men - Warwickshir	e		Masters Men - Warwickshir	e
575	Ed Banks	Birchfield Harriers		Barry Allen	Massey Ferguson RC
576	Dave Harte	Bournville Harriers		David Clarke	Massey Ferguson RC
577	Pete Hickman	Bournville Harriers		Ross Cooper	Massey Ferguson RC
578	Kevin Peace	Bournville Harriers			Massey Ferguson RC
579	Paul Samuels	Bournville Harriers	635	Simon Neale	Massey Ferguson RC
580	Shangxi Wen	Bournville Harriers		Paul Shaw	Midland Masters AC
581	Richard Buchanan	Centurion RC	637	Simon Aldridge	Northbrook AC
582	Lee Caves	Centurion RC	638	Malcolm Copeland	Northbrook AC
583	Martin Cheatle	Centurion RC	639	Kevin Erne	Northbrook AC
584	Paul Cooper	Centurion RC	640	Martin Gavin	Northbrook AC
585	Kevin Ferncombe	Centurion RC	641	Adrian Lowe	Northbrook AC
586	Russ Lane	Centurion RC	642	Francis Mason	Northbrook AC
587	Andy Rea	Centurion RC	643	David Mills	Northbrook AC
588	Ed Wallace	Centurion RC	644	Lee Newark	Northbrook AC
589	Paul Watson	Centurion RC	645	Alan Smith	Northbrook AC
590	James Webber	Centurion RC	646	David Tittle	Northbrook AC
591	Neil Wilkes	Centurion RC	647	Eric Fowler	Nuneaton Harriers AC
592	James Bennett	Coventry Godiva Harriers	648	Chris Hamer-Hodges	Nuneaton Harriers AC
593	Andy Boon	Coventry Godiva Harriers	649	Chris Jordan	Nuneaton Harriers AC
594	Joe Chalmers	Coventry Godiva Harriers	650	Matthew Kinsella	Nuneaton Harriers AC
595	Simon Clarke	Coventry Godiva Harriers	651	Andy Massey	Nuneaton Harriers AC
596	Matthew Danes	Coventry Godiva Harriers	652	Luke Melling	Nuneaton Harriers AC
597	Peter Eccleston	Coventry Godiva Harriers	653	Andy Offor	Nuneaton Harriers AC
598	Garry Flude	Coventry Godiva Harriers	654	Dan Rowen	Nuneaton Harriers AC
599	Martin Gittins	Coventry Godiva Harriers	655	Paul Smith	Nuneaton Harriers AC
600	Phillip Gould	Coventry Godiva Harriers	656	Richard Burman	Royal Sutton Coldfield AC
601	James Griggs	Coventry Godiva Harriers	657	Oliver Harradence	Royal Sutton Coldfield AC
602	Munya Mukesi	Coventry Godiva Harriers		Barry Lloyd	Royal Sutton Coldfield AC
603	Jose Ortiz Gonzalez	Coventry Godiva Harriers		Richard Naylor	Royal Sutton Coldfield AC
604	Richard Todd	Coventry Godiva Harriers	660	Mark Rickards	Royal Sutton Coldfield AC
605	Ben Tran	Coventry Godiva Harriers	661		Rugby & Northampton AC
606	Wais Yip	Coventry Godiva Harriers	662		Rugby & Northampton AC
607	Stan Alexander	Kenilworth Runners	663	Dan Main	Rugby & Northampton AC
608	Robert Carr	Kenilworth Runners	664	Steve Howes	Solihull & Small Heath AC
609	Richard Cookson	Kenilworth Runners		Paul Lloyd	Solihull & Small Heath AC
610	Matt Dyer	Kenilworth Runners		lan Davy	Spa Striders
611	Barry Elkington	Kenilworth Runners		Paul Harris	Spa Striders
	Roger Homes	Kenilworth Runners			Spa Striders
613	Nick Lawrence	Kenilworth Runners		Chris McKeown	Spa Striders
614	Will Mason	Kenilworth Runners		Andrew Owen	Spa Striders
	Craig Phillips	Kenilworth Runners		Patrick Finnegan	Sparkhill Harriers
616	Alistair Powell	Kenilworth Runners	672	James Hannon	Sparkhill Harriers
617	Neil Sheward	Kenilworth Runners	672	Craig Hinks	Sparkhill Harriers
	Andrew Siggers Stewart Underhill	Kenilworth Runners	674	Andy Law Rob Mills	Sparkhill Harriers Sparkhill Harriers
619		Kenilworth Runners	675		
620	Dewi Williams	Kenilworth Runners		Barry O'Neill	Sparkhill Harriers
621	Pete Austin	Knowle & Dorridge RC		Wayne Broadbent	Sphinx AC
622	Paul Baker	Knowle & Dorridge RC		Kevin Naughton	Sphinx AC
623	Ed Bower	Knowle & Dorridge RC	679	Paul Slatford	Sphinx AC
624	David Carbutt	Knowle & Dorridge RC		Andy Wilkinson	Sphinx AC
625	Torsten Roesler	Knowle & Dorridge RC	681	Nick Campbell	Stratford upon Avon AC
626	Craig Bower	Leamington C&AC	682	Huw Crosweller	Stratford upon Avon AC
627	Paul Caruana	Leamington C&AC	683	Richard Dobedoe	Stratford upon Avon AC
628	Alex Montgomery	Leamington C&AC	684	Tim Hutchinson	Stratford upon Avon AC
629	Steven Roberts	Leamington C&AC	685	Max Ross	Stratford upon Avon AC
630	Peter Taylor	Leamington C&AC	686	Rich Shephard	Stratford upon Avon AC
			687	David Smyth	Stratford upon Avon AC
			688	Chris Spriggs	Stratford upon Avon AC
			689	Peter Sugden	Stratford upon Avon AC

	Under 20 Men - Worcesters	hire		M40 Masters Men - Worces	tershire
100	Max Price	Birchfield Harriers	109	Chris Attwood	Black Pear Joggers
	James Vaughan	Birchfield Harriers			Black Pear Joggers
	Henry Gibbs	Bromsgrove and Redditch	111		BRAT Club
	Harrison Mayne	Bromsgrove and Redditch			BRAT Club
104	Luke Richardson	Bromsgrove and Redditch			Bromsgrove and Redditch
	Harry Law	Dudley and Stourbridge Harriers			Bromsgrove and Redditch
	Josias Ashby	Worcester A.C.	115		Bromsgrove and Redditch
107	Andrew Jeavons	Worcester A.C.			Bromsgrove and Redditch
108	Samuel Lea	Worcester A.C.			Dudley and Stourbridge Harriers
				Matt Allen	Halesowen ACC
	Senior Men - Worcestershir	e		Andrew Butler	Halesowen ACC
				Phillip Scarr	Halesowen ACC
152	Dale Bozward	Black Pear Joggers	121	Richard White	Halesowen ACC
	Peter Ball	Bromsgrove and Redditch		Andrew Yapp	Halesowen ACC
	Jamie Dancyger	Bromsgrove and Redditch			Stourbridge Running Club
	Anthony Howell	Bromsgrove and Redditch		•	Stourbridge Running Club
	Patrick Mackie	Bromsgrove and Redditch	125	Matthew Harrold	Warley Woods Pacers
-	Tal Pelmont	Bromsgrove and Redditch		Robbie Campbell	Worcester A.C.
-	Archie Roberts	Bromsgrove and Redditch	120	Ben Dunnett	Worcester A.C.
	David Ratcliffe	Dudley and Stourbridge Harriers		Michael Jeavons	Worcester A.C.
-	Peter Dear	Halesowen ACC	120		
-	James Hoult	Halesowen ACC		M50 Masters Men - Worces	tershire
	Max Parker	Halesowen ACC			
	James Thomas	Halesowen ACC	129	Paul Falkiner	BRAT Club
	Simon Lanckham	Mercia Fell Runners			BRAT Club
	James Greenway	Stourbridge R.C.			BRAT Club
	Robert Meredith	Tipton Harriers		Scott Beverley	Bromsgrove and Redditch
167	Adam Soley	Tipton Harriers		Barry Gardner	Halesowen ACC
	Adam Millbery	Victoria Park Harriers & Tower H	134	Mark Hadley	Halesowen ACC
169	Henok Asmelash	Warley Woods Pacers		David Lewis	Halesowen ACC
	Paul Blakey-Harris	Warley Woods Pacers		Adrian Low	Halesowen ACC
170	Peter Cotterell	Warley Woods Pacers		Alex Morgan	Halesowen ACC
	George Dibble	Warley Woods Pacers		Bill Nock	Halesowen ACC
172	Christopher Venables	Warley Woods Pacers		Nick Price	Halesowen ACC
	Tom Bentley	Worcester A.C.			Stourbridge Running Club
174	Daniel Geisler	Worcester A.C.			
175				Jason Butler	Stourbridge Running Club
170	Will Morris	Worcester A.C.			Warley Woods Pacers
					Worcester A.C.
				Hugh Davies	Worcester A.C.
				Christian Harle	Worcester A.C. Worcester A.C.
				Owen Jarman	
			147	David O'Brien	Worcester A.C.
				MGO Masters Man - Mars	torchiro
				M60 Masters Men - Worces	tersnire
			1.40	Dhilin Anderser	
					Bromsgrove and Redditch
				Andrew Carruthers	Halesowen ACC
			150	Andrew Nock	Halesowen ACC
				NAZO Masters March 11	touching.
				M70 Masters Men - Worcestershire	
			454	Devil Allere	
			151	Paul Allen	Halesowen ACC

WARWICKSHIRE COUNTY ATHLETICS ASSOCIATION 2022 Cross Country Championships Saturday 10th December 2022 at Welkin Farm, Easenhall to be held jointly with the Worcestershire AA Championships hosted by Warwickshire County AA

Sponsored by the Malt Kiln Farm Shop, Stretton Under Fosse

	Individual Champion	Team Champion
U13 Girls	Niamh Hillard, Stratford-Upon-Avon AC	Stratford Upon Avon AC
U15 Girls	Madeleine Jacks, Rugby&Northampton AC	Rugby&Northampton AC
U17 Women	Georgie Campbell, Stratford Upon Avon AC	No team award
U20 Women	Emily Negus, Nuneaton Harriers	Coventry Godiva Harriers
Senior Women	Jane Evans, Knowle&Dorridge RC	Leamington C&AC
Master Women	Katherine Hodgson, Nuneaton Harriers	Nuneaton Harriers
U13 Boys	Travis Scrivens, Nuneaton Harriers	Birchfield Harriers
U15 Boys	Alex Adams, Stratford Upon Avon AC	Birchfield Harriers
U17 Men	Pierce Clisham, Coventry Godiva Harriers	Birchfield Harriers
U20 Men	Miles Clisham, Coventry Godiva Harriers	Coventry Godiva Harriers
Senior Men	Omar Ahmed, Birchfield Harriers	Birchfield Harriers
Masters Men	Chris Sharp, Knowle&Dorridge RC	Royal Sutton Coldfield AC

Current Champions (from January 2020) – Warwickshire

The current holder of the Heeley Trophy for the best team overall is Birchfield Harriers.

Current Champions (from January 2020) – Worcestershire

	Individual Champion	Team Champion
U13 Girls	Lilia Mico, Worcester AC	Bromsgrove&Redditch AC
U15 Girls	Esme Ranger, Bromsgrove & Redditch AC	Halesowen A&CC
U17 Women	Lauren Kennard, Worcester AC	No team award
U20 Women	Beth Sykes, Bromsgrove & Redditch AC	No team award
Senior Women	Bryony Gunn, Birchfield Harriers	Halesowen A&CC
Masters W40	Caroline Warrington, Bromsgrove&Redditch AC	
Masters W50	Sarah Armstrong, Malvern Buzzards RC	
Masters W60	Joan Clarke, Cobra Running & Triathlon Club	
U13 Boys	Oliver Cresswell, Birchfield Harriers	Bromsgrove&Redditch AC
U15 Boys	Finnan Robins, Birchfield Harriers	Worcester AC
U17 Men	Joshua Robins, Birchfield Harriers	Birchfield Harriers
U20 Men	Christopher McLeod, Solihull&Small Heath AC	No team award
Senior Men	Joe Smith, Tipton Harriers	Worcester AC
Masters M40	Andrew Butler, Halesowen A&CC	
Masters M50	Keith Evans, Malvern Buzzards RC	
Masters M60	Frank Tota, Worcester AC	