

2022 Worcestershire 10k Road Championships				
Held in Pitchcoft 10k Wednesday 20th July 2022				
Catogory	Place	Name	Club	Time
Senior Men				
	Gold	Steve Turner	Birmingham Running Ath & TC	34:02
	Silver	Adam Hill	Birmingham Running Ath & TC	34:24
	Bronze	Arty Wilson-Spence	Worcester AC	35:55
Vet Men 40-49				
	Gold	Mark Fritchley	Worcester AC	34:41
	Silver	Mark Thomas	Black Pear Joggers	35:10
	Bronze	Darryll Thomas	Bromsgrove & Redditch AC	36:48
Vet Men 50-59				
	Gold	Adam Wilson	Malvern Buzzards RC	34:26
	Silver	David Lewis	Halesowen A&CC	37:38
	Bronze	Robert Colman	Stourbridge RC	38:11
Vet Men 60				
	Gold	Stephen Fox	Malvern Buzzards RC	43:17
	Silver	Richard Drewett	Worcester AC	44:04
	Bronze	Anthony Davis	Hinckley RC	45:57
Vet Men 70+				
	Gold	Mervyn Davis	Black Pear Joggers	54:43
	Silver			
	Bronze			
Senior Ladies				
	Gold	Becki Timmings	Birmingham Running Ath & TC	38:36
	Silver	Natasha Newton	Bromsgrove & Redditch AC	38:47
	Bronze	Evie Hawkesford-Johnson	Worcester AC	41:49
Lady Vet 40-49				
	Gold	Jaydee Peters	Worcester AC	39:54
	Silver	Kate Dolphin	Malvern Buzzards RC	44:39
	Bronze	Theresa May	Malvern Buzzards RC	57:40
Lady Vet 50-59				
	Gold	Ann Hewlett	Pershore Plum Plodders	54:01
	Silver			
	Bronze			
Lady Vet 60				
	Gold	Julie Caseley	Malvern Buzzards RC	53:01
	Silver	Elizabeth Slack	Malvern Buzzards RC	53:03
	Bronze	Alison Foster	Malvern Buzzards RC	01:04:25
Lady Vet 70+				
	Gold	Eleanor Robinson	Pershore Plum Plodders	59:29
	Silver			
	Bronze			
Male Team				
Gold	Worcester AC	Mark Fritchley	Arty Wilson-Spence	Matt Fairlamb
Silver	Malvern Buzzards RC	Adam Wilson	Carl Salmon	Dave Lawrence
Bronze	Black Pear Joggers	Mark Thomas	Richard Southgate	Peter Darwen
Female team				
Gold	Malvern Buzzards RC	Kate Dolphin	Julie Caseley	Elizabeth Slack
Silver				
Bronze				